

Elementary

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PSALM 121
God Guides and Protects Us
7. Read Psalm 121. What do verses 1-2 tell us about how to get help?

- 8. What does God promise to do for believers in this Psalm?
- 9. How does knowing that God does not sleep: help you feel protected and secure?
 - help you when you are stressed, anxious, sad, lonely ...?
- 10. The God of the universe wants to be YOUR Helper! How does that make you feel? How can you rely on God as your helper in your life right now?

BELIEVE THE TRUTH

As soon as David became king, he was faced with opposition. David brought his troubles to God, and asked for His help and guidance, and the Lord protected him and was his Helper. David saw success in everything he did. Not because he didn't face any opposition, he faced a TON of it! God doesn't always take away our troubles, but He does help us, through them and protects us if we too are in relationship with Him.

PRAY THE TRUTH

Dear Lord who made the heavens and the earth, thank You for watching over me and protecting me. Thank you for wanting to be in a relationship with me. May I trust Your words in the Bible and believe them with all my heart forever. May I see Your mighty hand in my life. In the name of Jesus, I pray. Amen.

WALK IN TRUTH



What does David show us that having a relationship with God looks like? What does your relationship with God look like? Or what do you want it to look like?

2 Samuel 5:1-12; 17-25 & Psalm 121 (NLT)

1 Then all the tribes of Israel went to David at Hebron and told him, "We are your own flesh and blood. 2 In the past, when Saul was our king, you were the one who really led the forces of Israel. And the Lord told you, 'You will be the shepherd of my people Israel. You will be Israel's leader." 3 So there at Hebron, King David made a covenant before the Lord with all the elders of Israel. And they anointed him king of Israel. 4 David was thirty years old when he began to reign, and he reigned forty years in all. 5 He had reigned over Judah from Hebron for seven years and six months, and from Jerusalem he reigned over all Israel and Judah for thirty-three years.

6 David then led his men to Jerusalem to fight against the Jebusites, the original inhabitants of the land who were living there. The Jebusites taunted David, saying, "You'll never get in here! Even the blind and lame could keep you out!" For the Jebusites thought they were safe. 7 But David captured the fortress of Zion, which is now called the City of David. 8 On the day of the attack, David said to his troops, "I hate those 'lame' and 'blind' Jebusites. Whoever attacks them should strike by going into the city through the water tunnel." That is the origin of the saying, "The blind and the lame may not enter the house." 9 So David made the fortress his home, and he called it the City of David. He extended the city, starting at the supporting terraces and working inward. 10 And David became more and more powerful, because the Lord God of Heaven's Armies was with him. 11 Then King Hiram of Tyre sent messengers to David, along with cedar timber and carpenters and stonemasons, and they built David a palace. 12 And David realized that the Lord had confirmed him as king over Israel and had blessed his kingdom for the sake of his people Israel.

17 When the Philistines heard that David had been anointed king of Israel, they mobilized all their forces to capture him. But David was told they were coming, so he went into the stronghold. 18 The Philistines arrived and spread out across the valley of Rephaim. 19 So David asked the Lord, "Should I go out to fight the Philistines? Will you hand them over to me?" The Lord replied to David, "Yes, go ahead. I will certainly hand them over to you." 20 So David went to Baal-perazim and defeated the Philistines there. "The Lord did it!" David exclaimed. "He burst through my enemies like a raging flood!" So he named that place Baal-perazim (which means "the Lord who bursts through"). 21 The Philistines had abandoned their idols there, so David and his men confiscated them. 22 But after a while the Philistines returned and again spread out across the valley of Rephaim. 23 And again David asked the Lord what to do. "Do not attack them straight on," the Lord replied. "Instead, circle around behind and attack them near the poplar trees. 24 When you hear a sound like marching feet in the tops of the poplar trees, be on the alert! That will be the signal that the Lord is moving ahead of you to strike down the Philistine army." 25 So David did what the Lord commanded, and he struck down the Philistines all the way from Gibeon to Gezer.

Psalm 121

- 1 I look up to the mountains does my help come from there?
- 2 My help comes from the Lord, who made heaven and earth!
- 3 He will not let you stumble; the one who watches over you will not slumber.
- 4 Indeed, he who watches over Israel never slumbers or sleeps.

5 The Lord himself watches over you! The Lord stands beside you as your protective shade. 6 The sun will not harm you by day, nor the moon at night.

- 7 The Lord keeps you from all harm and watches over your life.
- 8 The Lord keeps watch over you as you come and go, both now and forever.

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