

## THE ARMOR OF GOD



MEMORY VERSE: “Be strong in the Lord and in his mighty power. Put on all of God’s armor so that you will be able to stand firm against all strategies of the devil.”  
Ephesians 6:10-11

### DAY 1

#### EPHESIANS 6:10-13 — Standing Firm Against Evil

When Jesus returns, He will completely destroy Satan and deliver us completely from the presence of sin for all eternity. But for now the battle still rages.

1. Read verses 10-11. What does verse 10 tell us to do? How do we do that? v. 11
2. Why do we need the armor of God? Who are we fighting against? vv. 11-12  
What does verse 13 tell us will happen if we put on every piece of God’s armor?
3. Until Christ returns and conquers all evil, we have to continue to fight the battle against sin and evil here on earth. How does it feel to “go into battle” knowing we have the armor of God?
4. Why is it so important that we are “strong in the Lord and in His mighty power?”

### DAY 2

#### EPHESIANS 6:14-15 — Armor of God

5. Paul uses items a Roman soldier would wear/carry. Read verse 14a - belt of truth. The belt was what much of the armor was held on by. For Christians, God’s Word is truth. Why do we need to know God’s truth when fighting spiritual battles?

6. Read verse 14b - body armor of God's righteousness. Righteousness means right standing with God. How do we become in right standing with God? Romans 3:22
7. How can Satan take advantage of us if we are not in right standing with God? How can Satan take advantage of us if we are in right standing, but not in alignment with God?
8. Read verse 15 - shoes of the Gospel of peace. Why do you think anxiety and worry make us more susceptible to Satan's attacks?

### DAY 3    EPHESIANS 6:16-17 — Armor of God

9. Read verse 16 - shield of faith. Satan launches fiery arrows so we won't believe truths about God and that makes us question our faith. What lies do you believe?
10. Read verse 17a - helmet of salvation. What does God want us to think about?  
See Philippians 4:8. What should we do with thoughts or words that come from Satan?
11. Read verse 17b - sword of the Spirit. The sword of the Spirit is the Bible. How can we use the Bible to fight Satan and evil?

### DAY 4    EPHESIANS 6:18 — Armor of God

12. What does verse 18 tell us about prayer?

13. There is a strong and powerful relationship between putting on the armor of God and praying. What do you think praying “in the Spirit” looks like?

14. Sometimes our prayers can be shallow and superficial. How can we talk with God in a real and relevant way?

## DAY 5    EPHESIANS 6:10-18 — Wrap Up

15. Armor is meant to protect every part of us, and enable us to fight. How does the armor of God as a whole, protect and equip you to fight against the evils of this world? Do you feel safer and more prepared for this calling after reading these verses?

16. What do you think putting the armor of God looks like in today’s world?

### BELIEVE

As Christians, we are all in a spiritual war of Good and Evil until Christ returns. But God has given us armor to protect us, and to fight this spiritual battle. Thank the Lord! May you put on the armor of God daily and be strong in His mighty power! Through Him you can stand firm against the devil!

### PRAY

Thank you, Lord Jesus for giving us everything we need to fight the evils of this world. Please help me to remember to put on the armor of God every single day! And to be alert and to pray to You always for strength for both myself and other believers fighting alongside me. Amen!

## Ephesians 6:10-18 (NLT)

### The Whole Armor of God

10 A final word: Be strong in the Lord and in his mighty power. 11 Put on all of God's armor so that you will be able to stand firm against all strategies of the devil. 12 For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places.

13 Therefore, put on every piece of God's armor so you will be able to resist the enemy in the time of evil. Then after the battle you will still be standing firm. 14 Stand your ground, putting on the belt of truth and the body armor of God's righteousness. 15 For shoes, put on the peace that comes from the Good News so that you will be fully prepared. 16 In addition to all of these, hold up the shield of faith to stop the fiery arrows of the devil. 17 Put on salvation as your helmet, and take the sword of the Spirit, which is the word of God.

18 Pray in the Spirit at all times and on every occasion. Stay alert and be persistent in your prayers for all believers everywhere.

### Other Scripture References

Romans 3:22:

"We are made right with God by placing our faith in Jesus Christ. And this is true for everyone who believes, no matter who we are."

Philippians 4:8:

"Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise."

**Satan:** God's enemy; powerful angel who rebelled against God and was cast out of heaven; tempts people to sin.

**Righteousness:** being in a right relationship with God, without guilt or sin. God declares believers not guilty/righteous because of their faith in Jesus.